

Offer Verses Serve TFBMP Lunch Training Quiz

1. True or False: Offer verses serve allows children to decline some of the food offered in school lunch or breakfast.
2. True or False: The goal of offer verses serve is to reduce food waste and empower students to select foods they prefer.
3. Senior high schools are required to implement offer verses serve for lunch. Below the senior high school level (middle & elementary), offer verses serve is _____.
☐ also required ☐ optional
4. True or False: In offer verses serve at the senior high level, schools decide what foods students can decline, if any, when choosing meals.
5. In traditional food based menu planning for lunch, students must be offered five food items from the four food components in at least the minimum serving size for the appropriate _____.
☐ height and weight of student ☐ gender of student
☐ age/grade group ☐ meal price
6. Match the following:

Food component

___c___ Meat/Meat Alternate

___a___ Fruits and Vegetables

___d___ Grains and Bread

___b___ Milk

Food item

a. Mixed vegetables

b. Fat free skim milk

c. Chicken patty

d. Cornbread

7. True or False: If a school food authority is approved to implement offer verses serve in lower grade levels, the school food authority (district/charter) will determine the decline options for the lower grade levels.
8. True or False: Lunch must be priced as a single unit regardless of the number of items selected.
9. For a lunch to be reimbursable under offer verses serve, students _____ decline any food item offered.
☐ may not ☐ may

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10. For a lunch to be reimbursable under offer verses serve, students must take a _____ serving of the food items counting towards a reimbursable meal.

☐ full

☐ half

Put your name and school on the top of the quiz.

Fax completed quiz to 801-538-7883

Subject: Offer Verses Serve TFBMP Lunch Training

Attn: Child Nutrition Programs